

DURHAM WARM WATER AQUATIC PROGRAM

This is an arthritis friendly program designed for people who:

- are **INDEPENDENTLY MOBILE** and do **NOT** require assistance
- do **NOT** have any infectious conditions, diseases or are incontinent.
- would possibly benefit from gently range of movement exercises in a warm pool.

PHYSICIAN CONSENT FORM

(please type or print clearly the information below)

Name: _____

Address: _____

City: _____ Postal Code: _____

Home Telephone: _____ Work Telephone: _____

E-Mail Address: _____

Type of Arthritis or related condition: _____

Does the client have any other chronic illness? Please specify: _____

Please indicate if any of the following conditions exist:

| | Yes | No |
|---|-------|-------|
| Seizures? | (...) | (...) |
| Heart Condition? | (...) | (...) |
| Blood Pressure? | (...) | (...) |
| Diabetic? | (...) | (...) |
| Stroke? | (...) | (...) |
| Hearing Impaired? | (...) | (...) |
| Sight Impaired? | (...) | (...) |
| Breathing problems, please specify? _____ | | |

This applicant has my consent to participate in the Durham Warm Water Aquatic Program

Signature of Physician

Date

Address: _____

Official stamp required

Note: This is the only consent form which will be accepted.