



Durham Warm Water Aquatic Program

President's Report

Special points of interest:

- Christmas Holiday Pool Closings
- Fundraising event report
- Our Vision and Mission Statements
- Registration/Session dates
- Special Thank You to our Volunteers

How quickly the summer has past and already Christmas items are out for sale! I hope you all had a restful memory making summer.

Our program does not shut down as you know except for statutory holidays and pool shut-downs. We are fortunate to have the volunteer instructors, lifeguards, and board that we have who just keeps on working for the good of the participants.

DWWAP continues to have various internal meetings and as well as external ones with community agencies and representatives.

This is the last newsletter before the New Year so I would like to

wish all of you a very Merry Christmas and a Happy, healthy New Years. May you all be well and safe.



Joy Higgins

INSIDE THIS ISSUE:

President's Report	1
Registrar's Report	1
Fundraising Report	2
Instructor Coordinator Report	2
Treasurer's Report	3
Chairperson's Report	3
Vision Statement, Mission Statement, our Goals, Thank You to our Volunteers	4

Registrar's Report

Current session ends Saturday October 31st. Next Session begins Monday November 2nd, 2009 and runs until Saturday January 24th, 2010.

***Next Registration Monday January 12th to Saturday January 17th, 2010.**

A reminder is always posted on the bulletin board at pool prior to registration. If you know you will

be away that week your cheque can be mailed to me ahead of time. Payment envelopes are available from the lifeguard.

Our mailing address is P.O. Box 10042, 910 Dundas St. W. Whitby, ON L1P 1P7. If you need to reach me you can do so at (905)430-1665.

Jane Doble

Fundraising Report

Our 4th annual fundraiser was held at Class Act Dinner Theatre on Sunday May 31st. 196 tickets were sold which raised \$5,880. In addition to ticket sales, we also held our first ever 50/50 draw which was extremely successful and raised \$334 for the lucky winner and \$334 towards our fundraiser. We also received monetary donations from generous participants that weren't able to attend, which totaled \$180. The final total money raised was \$6,394!! This exceeds last year! All proceeds from this event will go directly towards our program's operational costs. Tax receipts in the amount of \$30 per ticket will be issued to the purchaser and distributed as soon as possible.



We had outstanding support from many community businesses as well as numerous DWWAP instructors and participants, who all donated fabulous door prizes. A total of 34 fabulous door prizes were handed out to our lucky winners. The Whitby Snap Newspaper sent a reporter to our event who wrote a wonderful article of our event, and took some lovely pictures. Please visit our DWWAP website at DWWAP.com soon to see a list of our door prizes and donators as well as some great pictures of this event. On behalf of the DWWAP Fundraising Committee, thank you very much to the board, instructors, lifeguards, husbands and all who helped and especially to all of you who participated in this event to make the Class Act Fundraiser the success it was. DWWAP had a fantastic fundraising committee again this year. It was a privilege for me to work with such wonderful ladies. A very special thank you to Janice Eskelinen, Michelle Cowle, Sue Colpitts, Janice Condy, and Sharon Kelly; thank you so much for your dedication, hard work and fun loving personalities. Our fundraising meetings were a joyous endeavor. Thank you very much again to everyone for your fantastic support!

Heather Rembosz

Instructor Coordinator Report

Hi Everyone, and welcome to fall!! The leaves are changing color and the weather is getting chillier...just a reminder that time marches on.



We would like to remind everyone that health regulation requires EVERYONE to shower using SOAP BEFORE entering the pool. NOT following this regulation causes many problems with the water and will eventually close the pool for an undetermined length of time until the water is back within safe ranges. I have asked the guards to remind anyone who has not showered, otherwise they will not be allowed in the pool.

Finally a gigantic "THANK YOU" to all of our instructors and guards for doing such wonderful work and for being so giving of their time.

Gabi McCune

Pool Closures

There will be no classes **Monday December 21, 2009** to **Saturday, January 2nd, 2010** inclusive for Christmas holidays. Classes will resume **Monday January 4th, 2010**.

Treasurer's Report

We are continuing to grow and our numbers remain healthy despite the recession. This is indeed thanks to all our participants and our team of tireless instructors, lifeguards and a board that remains extremely active in the program. The Class Act fund raiser this year was also very successful. We look forward to continued growth and opportunity to increase our participants.

Suzanne Ouellette

Chairperson's Report

DWWAP continues to grow and become a well-known organization in the community. Professionals, including doctors and lawyers are referring clients to DWWAP on a regular basis. We are still continuing to look for warm water pools in the area. The recent economic downturn has not helped, as private companies and government are looking at how to cut costs and not at expansion at this time. DWWAP has not been an organization to sit still however, and we will look at different grants and funding sources to help expand our program. Our commitment is to our participants and the community to help those who need the program, and look at different opportunities to collaborate with other organizations, so DWWAP is able to continue to grow.

Lorraine Joynt

Mission Statement

Durham Warm Water Aquatics Program is dedicated to providing a gentle warm water exercise program to people challenged by muscle-skeletal disabilities.

Vision Statement

Our vision is to enrich our participants' lives, by providing a place where they can strengthen their bodies, minds and souls and increase their independence.

Goals

- To provide a program where all participants living with physical challenges such as arthritis, fibromyalgia, chronic pain, joint replacements, and motor vehicle accident injuries, can feel more comfortable.
- To improve the participants quality of daily life through strengthening muscles, increasing flexibility, improving mobility, cardio-vascular conditioning, promoting improved sleep and reducing pain.
- To prevent further degeneration of mobility compromised individuals.
- To develop peer support, social interaction and independence in the participants.
- To expand our program through partnerships with other organizations within the community.
- To increase the number of warm water pools available in the Durham area to meet the needs of the participants.
- To increase the funding base so DWWAP continues as a sustainable organization.

Thank You to all of our special volunteers!

The Board

President- Joy Higgins
Treasurer- Suzanne Ouellette
Secretary- Jane Doble
Instructor and Lifeguards- Gabi McCune
Fundraising and Newsletter- Michelle Cowle
Fundraising- Susan Majoris
Fundraising- Janice Eskelinen
Fundraising- Susan Colpitts
Chair- Lorraine Joynt

The Fundraising Committee

Heather Rembosz
Michelle Cowle
Susan Colpitts
Janice Condy
Janice Eskelinen
Sharon Kelly

The Instructors

Joy Higgins	Janice Condy
JoAnn McNeill	Inge Jabusch
Nancy Fisher	Paula Woods
Zelda Moore	Kati England
Donna Ritch	Shirley O'Donnell

The Lifeguards

Paula Woods	Kelci Bosgraaf
Leah Cummings	Nicola Lumby
Jacqueline Dean	Emily Bound
Paula Robertson	Cally Hutchings
Sandra Erger	Megan Hutton
Kim Barton	Danielle Woods