



Durham Warm Water Aquatic Program

President's Report

Special points of interest:

- Instructor Training with WaterART
- Fundraising event May 31st, 2009 Class Act Dinner Theatre
- Parking Fees at WMHC
- DWWAP Change of address
- Special Thank You to our Volunteers

INSIDE THIS ISSUE:

President's Report	1
Registrar's Report	1
Fundraising Report	2
Instructor Coordinator Report	2
Chairperson's Report	3
Thank You to our Volunteers	4

Tulips are pushing out of the frozen earth and so finishing their time of sleep; the trees are producing buds which bring a promise of change because spring is here.

DWWAP too has seen a change with the coming of "pay for parking". As we become accustomed to this change, the new will become familiar. The Board of Directors of DWWAP invested numerous hours dealing with this change. I am continually amazed at the dedication of our volunteer Board, with the majority dealing with constant pain, and yet they give their precious time and rest to DWWAP. The only payment they receive is seeing that DWWAP continues to exist so that people who need it will experience its benefits.



Our Board has also seen changes. Janice Condy, a board member from the very beginning of DWWAP who filled multiple positions has taken a break from the board. Her finger prints are found all throughout DWWAP. We wish her well and good health. We welcome Michelle Cowle and Susan Colpitts, DWWAP participants, to the board. They already have begun working on our fundraiser and are learning how the DWWAP Board works.

I wish everyone a wonderful spring season. I am sure that after this long cold winter we will all stop and smell the flowers.

Joy Higgins

Registrar's Report

Current session ends Saturday March 21. Next Session begins Monday, March 30th and runs until Saturday, June 6th. *Next Registration Friday May 8th to Thursday May 14th.

A reminder is always posted on the bulletin board at pool prior to registration. If you know you will be away that week your cheque can be mailed to me ahead of time. Payment envelopes are avail-

able from the lifeguard. **Our mailing address has changed again. Our new address effective immediately is P.O. Box 10042, 910 Dundas St. W. Whitby, ON L1P 1P7.** If you need to reach me you can do so at (905)430-1665.

Jane Doble

Fundraising Report

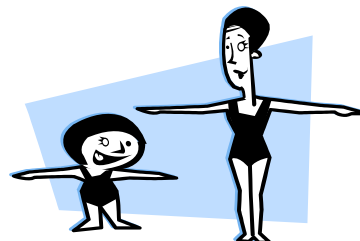
Our fourth annual major fundraiser is fast approaching. This event is being held once again at the **Class Act Dinner Theatre** on **Sunday May 31st at 12:00 PM**. Tickets are **\$60 each** tax included and you will be served a delicious 5 course brunch followed by the very funny play "Shady Business". The fundraising committee is busy canvassing for some terrific door prizes. We have had fantastic support over the last three years with various community businesses, major league sports teams, and our very own very talented and generous participants and instructors. Ticket order forms, stamped pre-addressed envelopes and information handouts are available at the pool office. Please watch the pool bulletin board for any updates and to check the running total on ticket sales. To date we have sold 61 tickets. Your DWWAP fundraising committee is very excited about this wonderful opportunity to raise a substantial amount of money to help keep the cost of our program at a minimum. Tax deductible receipts will be issued for every ticket sold, in the amount that DWWAP receives as a fundraiser. **We must sell 180 tickets in order to raise \$30 per ticket for our pool program.** Last year, thanks to your terrific support, we raised over **\$6,300** and had a sold out show! Let's try and do it again. Come on out and have a fun filled afternoon with your family, friends, and fellow participants. Your warm water pool program thanks you for your support! Hope to see you there. **DWWAP Fundraising Committee: Heather Rembosz, Janice Eskelinen, Michelle Cowle, Sue Colpitts, Sharon Kelly, Janice Condy**



Instructor Coordinator Report

Welcome to Spring! The snow is starting to melt and the sun's warmth is feeling good on our faces! As part of DWWAP's instructors' ongoing certification upgrades with WaterART Fitness International, we have had 2 more training workshops for the instructors since our last newsletter. DWWAP training always focuses on ways that instructors can be better instruments of change for participants. Training includes an in depth look at the anatomy and physiology of certain conditions and exercises that we can do to improve movement. New exercises were learned and fun was had by all. Thanks to Amit from WaterART for being our instructor! I look forward to seeing everyone at the pool!

Gabi McCune



Chairperson's Report

Have you thanked a Board Member today? How about your instructor, lifeguards or those on the fundraising committee? These dedicated people are volunteers, spending countless hours of their time working for DWWAP. April 19th to 25th is volunteer week. A week when we take time to give the extra bit of support and thanks to the people who make DWWAP such a fantastic organization.

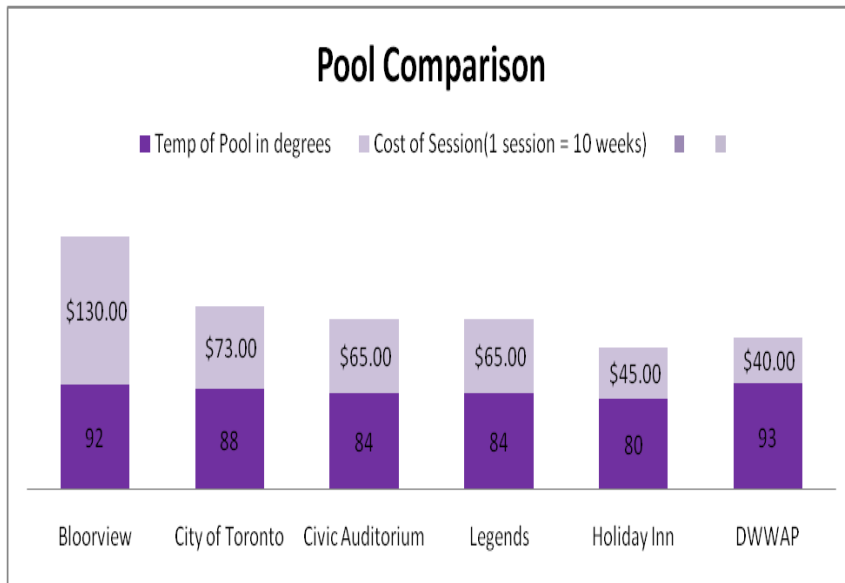
For my own part, my thanks goes out to every Board member. You are special people with remarkable skills. To the instructors and lifeguards, thanks for your time and efforts at making DWWAP a special place for people. To the fundraising committee-you are wonderful and thank-you for all your time at making our Class Act Fundraiser such a special day.

In thanking people, I would also like to thank all the participants that took part in our recent survey for obtaining information for the Whitby Mental Health Centre regarding the parking. Just to let everyone know, Senior Management at the Centre listened to our concerns, but due to financial constraints, they were left with no choice but to charge all

community groups for parking. The good news is there has not been any increase in our rent, and therefore we are able to keep the cost of the program at the same rate.

In this newsletter, you will see a graph with similar programs to DWWAP. The graph notes the costs of the program, the temperature of the pool and locations. Even with the costs of parking, DWWAP is still the most reasonable, with the best temperature.

We all must remember however, there are costs to running the program. There is the rent for the Whitby and Grandview Pools, pool insurance, pool equipment, costs for phones, maintaining the Web page, administration costs, honorariums for instructors and lifeguards, (please note that this is to cover for their costs only), and training



for Board members. The training for Board members is only a small part of our budget but necessary for development. You may wonder, why you are being reminded of this information. Well, as you are aware, our annual Fundraiser at Class Act is on May 31st this year. In order to keep the costs down, the fundraiser has to be a success. While I know there are problems in the economy, and everyone has to pull in tighter, please see what you can do to support DWWAP. When thinking about whether to buy your ticket, think about how valuable the program is to you, and the benefits you derive from it. In making your commitment to support the program, the Board has a similar commitment to continue to operate DWWAP in a fiscally responsible manner.

DWWAP also has good news to celebrate. Recently DWWAP was recognized at the PROSCI Change Management Global Conference as Board committed to good change management. A copy of the paper is available if you wish to read it. Please contact the DWWAP line, leaving your name, email address or mailing address and I will send you the information.

Thank you all again for your commitment to DWWAP, and I will see everyone at the fundraiser. Again if you have any questions or concerns, please contact me through the DWWAP phone line.

Lorraine Joynt

Thank You to all of our special volunteers!

The Board

President- Joy Higgins
Treasurer- Suzanne Ouellette
Secretary- Jane Doble
Fundraising and Marketing- Heather Rembosz
Instructor and Lifeguards- Gabi McCune
Fundraising and Newsletter- Michelle Cowle
Fundraising- Janice Eskelinen
Fundraising- Susan Colpitts
Chair- Lorraine Joynt

The Instructors

Joy Higgins
JoAnn McNeill
Nancy Fisher
Zelda Moore
Donna Ritch
Janice Condy
Inge Jabusch
Paula Woods
Kati England
Shirley O'Donnell

The Fundraising Committee

Heather Rembosz
Michelle Cowle
Susan Colpitts
Janice Condy
Janice Eskelinen
Sharon Kelly

The Lifeguards

Paula Woods
Leah Cummings
Mariah Kelley
Paula Robertson
Sandra Erger
Kim Barton
Kelci Bosgraaf
Nicola Lumby
Emily Bound
Cally Hutchings
Megan Hutton
Danielle Woods